

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Loos Kim HEADCOACH

Coaches: Vereecken Sven

Coaches: Dillen Toon

Coaches: De Ridder Fedor

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 14:00
Heat: 1/30 Lane : 4 Athlete: VAN MEER RUNE			Q-time: 00:54:50
PB (25m pool): no time		PB (50m pool): 00:54.50 SB: no time	
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 14:00
Heat: 3/30 Lane : 2 Athlete: DE FEYTER LUCAS			Q-time: 00:45:00
PB (25m pool): 00:45.00 Bree 21/12/2025		PB (50m pool): no time SB: 00:45.00 Bree 21/12/2025	
	2 5 M	5 0 M	
PB		00:45.00	
	00:45.00		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 14:05
Heat: 4/30 Lane : 4 Athlete: STERCKX DAAN			Q-time: 00:41:49
PB (25m pool): 00:41.49 Temse 17/11/2025		PB (50m pool): 00:44.12 SB: 00:41.49 Temse 17/11/2025	
	2 5 M	5 0 M	
PB		00:41.49	
	00:41.49		
			

Coach feedback:

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Event number: 19: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 14:05
Heat: 5/30 Lane : 4 Athlete: RAMSDONCK KRIS			Q-time: 00:39:73
PB (25m pool): 00:39.73 Temse 17/11/2025			PB (50m pool): 00:38.99 SB: 00:39.73 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:39.73	
	00:39.73		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:6, starttime: 14:05
Heat: 6/30 Lane : 1 Athlete: NEYRINCK RUBEN			Q-time: 00:38:82
PB (25m pool): 00:38.82 Temse 17/11/2025			PB (50m pool): 00:40.04 SB: 00:38.82 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:38.82	
	00:38.82		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 14:10
Heat: 9/30 Lane : 5 Athlete: MAES MATHIJS			Q-time: 00:36:35
PB (25m pool): 00:36.35 Temse 17/11/2025			PB (50m pool): 00:36.56 SB: 00:36.35 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:36.35	
	00:36.35		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:10, starttime: 14:10
Heat: 10/30 Lane : 2 Athlete: AGTEN VALERIO ÁLVARO			Q-time: 00:35:35
PB (25m pool): 00:34.96 Sint-Amandsberg 27/10/2024			PB (50m pool): 00:33.47 SB: 00:35.35 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:34.96	
	00:34.96		
			

Coach feedback:

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Event number: 19: 50M BUTTERFLY MEN 11+			Heat:11, starttime: 14:10
Heat: 11/30 Lane : 4 Athlete: GILLES NATHAN			Q-time: 00:34:56
PB (25m pool): 00:34.56 Nijlen 16/11/2025			PB (50m pool): 00:33.42 SB: 00:34.56 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:34.56	
		00:34.56	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:13, starttime: 14:10
Heat: 13/30 Lane : 1 Athlete: DILLEN FINN			Q-time: 00:33:36
PB (25m pool): 00:33.36 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:34.46 SB: no time
	2 5 M	5 0 M	
PB		00:33.36	
		00:33.36	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:20, starttime: 14:20
Heat: 20/30 Lane : 1 Athlete: HUFKENS ILIAN			Q-time: 00:29:87
PB (25m pool): 00:29.87 Temse 17/11/2025			PB (50m pool): 00:32.01 SB: 00:29.87 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:29.87	
		00:29.87	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:22, starttime: 14:20
Heat: 22/30 Lane : 6 Athlete: BEGUE MILANN			Q-time: 00:29:26
PB (25m pool): 00:29.26 Bree 21/12/2025			PB (50m pool): 00:29.31 SB: 00:29.26 Bree 21/12/2025
	2 5 M	5 0 M	
PB		00:29.26	
		00:29.26	
			

Coach feedback:

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Event number: 19: 50M BUTTERFLY MEN 11+						Heat:23, starttime: 14:20	
Heat: 23/30 Lane : 3 Athlete: HUFKENS IBEN						Q-time: 00:28:40	
PB (25m pool): 00:28.40 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:29.20 SB: 00:28.68 Antwerpen 12/10/2025							
	2 5 M		5 0 M				
PB			00:28.40				
	00:28.40						
							

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+					Heat:24, starttime: 14:20	
Heat: 24/30 Lane : 1 Athlete: VAN TILBURG MATTHIAS					Q-time: 00:28:31	
PB (25m pool): 00:28.31 Antwerpen 12/10/2025						

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+					Heat:25, starttime: 14:20	
Heat: 25/30 Lane : 4 Athlete: HAESENDONCKX JARNE					Q-time: 00:27:99	
PB (25m pool): 00:27.99 Antwerpen 12/10/2025					PB (50m pool): 00:28.44 SB: 00:27.99 Antwerpen 12/10/2025	
	2 5 M	5 0 M				
PB		00:27.99				
	00:27.99					
						

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+							Heat:25, starttime: 14:20		
Heat: 25/30 Lane : 5 Athlete: VANTHOURNOUT XANDER							Q-time: 00:28:02		
PB (25m pool): 00:28.02 Stedelijk Zwembad Geel 16/02/2025							PB (50m pool): 00:28.62 SB: 00:28.04 Antwerpen 12/10/2025		
	2 5 M		5 0 M						
PB			00:28.02						
			00:28.02						
									

Coach feedback:

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Event number: 19: 50M BUTTERFLY MEN 11+			Heat:26, starttime: 14:25
Heat: 26/30 Lane : 1 Athlete: ZRIRAK WAELE			Q-time: 00:27:78
PB (25m pool): 00:27.78 Nijlen 16/11/2025			PB (50m pool): 00:27.78 SB: 00:27.78 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:27.78	
		00:27.78	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:28, starttime: 14:25
Heat: 28/30 Lane : 6 Athlete: VAN BALLAER VIKTOR			Q-time: 00:26:67
PB (25m pool): 00:26.67 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:27.02 SB: no time
	2 5 M	5 0 M	
PB		00:26.67	
		00:26.67	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:29, starttime: 14:25
Heat: 29/30 Lane : 5 Athlete: MICHOEL QUINTEN			Q-time: 00:26:19
PB (25m pool): 00:26.19 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:26.40 SB: 00:26.23 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:26.19	
		00:26.19	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 14:25
Heat: 1/35 Lane : 4 Athlete: NIEUWENHUIS ZOë			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 14:30
Heat: 2/35 Lane : 3 Athlete: SEGERS EMMA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 14:30
Heat: 2/35 Lane : 4 Athlete: BOECKX LISA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 14:35
Heat: 5/35 Lane : 1 Athlete: VAN DE WEYER FOUKE			Q-time: 00:57:49
PB (25m pool): 00:57.49 Nijlen 16/11/2025			PB (50m pool): no time SB: 00:57.49 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:57.49	
	00:57.49		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 14:35
Heat: 5/35 Lane : 6 Athlete: SCHEPERS LENTHE			Q-time: 00:57:70
PB (25m pool): no time			PB (50m pool): 00:57.70 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

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Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 14:35
Heat: 6/35 Lane : 2 Athlete: AERTS SIEN			Q-time: 00:52:42
PB (25m pool): no time			PB (50m pool): 00:52.42 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 14:35
Heat: 7/35 Lane : 1 Athlete: WOUTERS MIT			Q-time: 00:51:25
PB (25m pool): 00:47.98 Sint-Amandsberg 27/10/2024			PB (50m pool): 00:51.71 SB: 00:51.40 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:47.98	
	00:47.98		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 14:35
Heat: 8/35 Lane : 4 Athlete: WOUTERS DORA			Q-time: 00:49:73
PB (25m pool): 00:49.73 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:51.46 SB: no time
	2 5 M	5 0 M	
PB		00:49.73	
	00:49.73		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 14:35
Heat: 8/35 Lane : 5 Athlete: DE RIDDER ROXANE			Q-time: 00:50:09
PB (25m pool): 00:50.09 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:50.09	
	00:50.09		
			

Coach feedback:

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Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 14:40
Heat: 9/35 Lane : 3 Athlete: VAN ASTEN RENÉE			Q-time: 00:48:51
PB (25m pool): 00:48.51 Nijlen 16/11/2025			PB (50m pool): no time SB: 00:48.51 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:48.51	
		00:48.51	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 14:40
Heat: 9/35 Lane : 4 Athlete: MAERTENS HELENA			Q-time: 00:49:03
PB (25m pool): 00:49.03 Nijlen 16/11/2025			PB (50m pool): no time SB: 00:49.03 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:49.03	
		00:49.03	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:11, starttime: 14:40
Heat: 11/35 Lane : 2 Athlete: HUFKENS ELINA			Q-time: 00:46:97
PB (25m pool): 00:46.97 Herentals 17/05/2025			PB (50m pool): 00:49.30 SB: no time
	2 5 M	5 0 M	
PB		00:46.97	
		00:46.97	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:11, starttime: 14:40
Heat: 11/35 Lane : 6 Athlete: MOERKENS FIEN			Q-time: 00:47:50
PB (25m pool): 00:47.50 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:46.17 SB: no time
	2 5 M	5 0 M	
PB		00:47.50	
		00:47.50	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:12, starttime: 14:40
Heat: 12/35 Lane : 3 Athlete: GOOSSENS MARTHE			Q-time: 00:45:98
PB (25m pool): 00:45.98 Nijlen 16/11/2025			PB (50m pool): no time SB: 00:45.98 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:45.98	
	00:45.98		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:12, starttime: 14:40
Heat: 12/35 Lane : 4 Athlete: VALKENBORGHS YANNE			Q-time: 00:46:03
PB (25m pool): 00:46.03 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:49.76 SB: 00:48.98 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:46.03	
	00:46.03		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:14, starttime: 14:45
Heat: 14/35 Lane : 5 Athlete: VAN TILBURG FRAUKE			Q-time: 00:44:94
PB (25m pool): 00:44.94 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:48.06 SB: no time
	2 5 M	5 0 M	
PB		00:44.94	
	00:44.94		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:14, starttime: 14:45
Heat: 14/35 Lane : 6 Athlete: DJONOU IMBA ITZANA			Q-time: 00:45:26
PB (25m pool): no time			PB (50m pool): 00:45.26 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:15, starttime: 14:45
Heat: 15/35 Lane : 4 Athlete: BOECKX PAULIEN			Q-time: 00:44:48
PB (25m pool): 00:43.58 Nijlen 17/11/2024			PB (50m pool): 00:46.49 SB: 00:44.51 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:43.58	
		00:43.58	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:15, starttime: 14:45
Heat: 15/35 Lane : 5 Athlete: BRAEKEN CHARLOTTE			Q-time: 00:44:59
PB (25m pool): 00:44.59 Temse 17/11/2025			PB (50m pool): 00:48.69 SB: 00:44.59 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:44.59	
		00:44.59	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:17, starttime: 14:45
Heat: 17/35 Lane : 5 Athlete: COESEMANS AMILIA			Q-time: 00:43:64
PB (25m pool): 00:43.64 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:45.48 SB: 00:45.62 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:43.64	
		00:43.64	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:19, starttime: 14:50
Heat: 19/35 Lane : 3 Athlete: DRIES SIEN			Q-time: 00:41:81
PB (25m pool): 00:39.24 Herentals 18/05/2024			PB (50m pool): 00:41.26 SB: no time
	2 5 M	5 0 M	
PB		00:39.24	
		00:39.24	
			

Coach feedback:

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Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:21, starttime: 14:50
Heat: 21/35 Lane : 1 Athlete: BOOGERS NOOR			Q-time: 00:41:18
PB (25m pool): 00:41.18 Temse 17/11/2025			PB (50m pool): 00:47.74 SB: 00:41.18 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:41.18	
		00:41.18	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:21, starttime: 14:50
Heat: 21/35 Lane : 5 Athlete: POELS NOMI			Q-time: 00:41:11
PB (25m pool): 00:41.11 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:43.27 SB: no time
	2 5 M	5 0 M	
PB		00:41.11	
		00:41.11	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:21, starttime: 14:50
Heat: 21/35 Lane : 6 Athlete: BORGHS LORE			Q-time: 00:41:26
PB (25m pool): 00:40.12 Geel 19/02/2023			PB (50m pool): 00:41.84 SB: no time
	2 5 M	5 0 M	
PB		00:40.12	
		00:40.12	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:22, starttime: 14:50
Heat: 22/35 Lane : 2 Athlete: VANLOMMEL LUISA VALENTINA			Q-time: 00:40:68
PB (25m pool): 00:40.68 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:41.36 SB: no time
	2 5 M	5 0 M	
PB		00:40.68	
		00:40.68	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 20: 50M BREASTSTROKE WOMEN 11+						Heat:23, starttime: 14:55	
Heat: 23/35 Lane : 1 Athlete: LEYSEN IMKE					Q-time: 00:40:45		
PB (25m pool): 00:40.45 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:43.57 SB: 00:42.75 Temse 17/11/2025							
	2 5 M		5 0 M				
PB			00:40.45				
	00:40.45						
							

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+					Heat:25, starttime: 14:55				
Heat: 25/35 Lane : 1 Athlete: COOLS YELENA					Q-time: 00:39:93				
PB (25m pool): 00:39.93 Nijlen 16/11/2025					PB (50m pool): 00:42.34 SB: 00:39.93 Nijlen 16/11/2025				
	2 5 M		5 0 M						
PB			00:39.93						
			00:39.93						
									

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+					Heat:27, starttime: 14:55	
Heat: 27/35 Lane : 2 Athlete: OOMS SARI					Q-time: 00:38:90	
PB (25m pool): 00:37.25 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 00:39.14 SB: no time						
	2 5 M		5 0 M			
PB			00:37.25			
			00:37.25			
						

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+					Heat:27, starttime: 14:55	
Heat: 27/35 Lane : 3 Athlete: MAES JULIE					Q-time: 00:38:84	
PB (25m pool): 00:38.84 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:39.87 SB: no time						
	2 5 M		5 0 M			
PB			00:38.84			
			00:38.84			
						

Coach feedback:

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Event number: 20: 50M BREASTSTROKE WOMEN 11+							Heat:35, starttime: 15:05	
Heat: 35/35 Lane : 2 Athlete: DILLEN NORAH							Q-time: 00:34:61	
PB (25m pool): 00:34.61 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:35.28 SB: 00:35.92 Gent 09/11/2025								
	2 5 M		5 0 M					
PB			00:34.61					
			00:34.61					
								

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+				Heat:35, starttime: 15:05	
Heat: 35/35 Lane : 3 Athlete: LAGEY LISELOTTE				Q-time: 00:31:57	
PB (25m pool): 00:31.57 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:32.35 SB: no time					
	2 5 M	5 0 M			
PB		00:31.57			
	00:31.57				
					

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 9-10					Heat:3, starttime: 15:15	
Heat: 3/3 Lane : 6 Athlete: TER HEERDT SKYE				Q-time: 01:52:21		
PB (25m pool): 01:52.21 Bree 21/12/2025					PB (50m pool): no time SB: 01:52.21 Bree 21/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:50.73		01:52.21		
	00:50.73		01:01.48			
						

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+					Heat:2, starttime: 15:20	
Heat: 2/29 Lane : 1 Athlete: CORREIA DE OLIVEIRA TIAGO					Q-time: 99:99:99	
PB (25m pool): no time					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M				
PB		no time				
	no time					
						

Coach feedback:

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Event number: 23: 50M BACKSTROKE MEN 11+			Heat:3, starttime: 15:20
Heat: 3/29 Lane : 3 Athlete: NIEUWENHUIS ISAAC			Q-time: 00:59:44
PB (25m pool): 00:59.44 Bree 21/12/2025			PB (50m pool): no time SB: 00:59.44 Bree 21/12/2025
	2 5 M	5 0 M	
PB		00:59.44	
	00:59.44		
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:3, starttime: 15:20
Heat: 3/29 Lane : 5 Athlete: DE FEYTER LUCAS			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 15:25
Heat: 4/29 Lane : 4 Athlete: VAN MEER RUNE			Q-time: 00:47:28
PB (25m pool): 00:47.28 Bree 21/12/2025			PB (50m pool): no time SB: 00:47.28 Bree 21/12/2025
	2 5 M	5 0 M	
PB		00:47.28	
	00:47.28		
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 15:25
Heat: 4/29 Lane : 6 Athlete: GOOSSENS FERRE			Q-time: 00:53:44
PB (25m pool): no time			PB (50m pool): 00:53.44 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 15:30
Heat: 7/29 Lane : 4 Athlete: RAMSDONCK KRIS			Q-time: 00:40:69
PB (25m pool): 00:40.69 Nijlen 16/11/2025			PB (50m pool): no time SB: 00:40.69 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:40.69	
		00:40.69	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:8, starttime: 15:30
Heat: 8/29 Lane : 4 Athlete: LIEVENS RUBE			Q-time: 00:39:79
PB (25m pool): 00:39.79 Nijlen 16/11/2025			PB (50m pool): 00:43.23 SB: 00:39.79 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:39.79	
		00:39.79	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:9, starttime: 15:30
Heat: 9/29 Lane : 1 Athlete: GILLES NATHAN			Q-time: 00:39:49
PB (25m pool): 00:39.49 Nijlen 16/11/2025			PB (50m pool): 00:39.30 SB: 00:39.49 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:39.49	
		00:39.49	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:10, starttime: 15:30
Heat: 10/29 Lane : 6 Athlete: MAES MATHIJS			Q-time: 00:38:65
PB (25m pool): 00:38.65 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:39.50 SB: no time
	2 5 M	5 0 M	
PB		00:38.65	
		00:38.65	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:11, starttime: 15:35
Heat: 11/29 Lane : 2 Athlete: STERCKX DAAN			Q-time: 00:37:63
PB (25m pool): 00:37.63 Pelt 05/10/2025			PB (50m pool): 00:40.00 SB: 00:37.63 Pelt 05/10/2025
	2 5 M	5 0 M	
PB		00:37.63	
		00:37.63	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:12, starttime: 15:35
Heat: 12/29 Lane : 2 Athlete: NEYRINCK RUBEN			Q-time: 00:36:94
PB (25m pool): 00:36.94 Nijlen 16/11/2025			PB (50m pool): 00:37.57 SB: 00:36.94 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:36.94	
		00:36.94	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:14, starttime: 15:35
Heat: 14/29 Lane : 2 Athlete: AGTEN VALERIO ÁLVARO			Q-time: 00:35:41
PB (25m pool): 00:35.41 Nijlen 16/11/2025			PB (50m pool): 00:36.99 SB: 00:35.41 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:35.41	
		00:35.41	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:16, starttime: 15:40
Heat: 16/29 Lane : 4 Athlete: DILLEN FINN			Q-time: 00:34:21
PB (25m pool): 00:34.21 Herentals 17/05/2025			PB (50m pool): 00:37.33 SB: no time
	2 5 M	5 0 M	
PB		00:34.21	
		00:34.21	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:17, starttime: 15:40
Heat: 17/29 Lane : 3 Athlete: HUFKENS ILIAN			Q-time: 00:33:35
PB (25m pool): 00:33.35 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:33.84 SB: no time			
	2 5 M	5 0 M	
PB		00:33.35	
	00:33.35		
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:19, starttime: 15:45
Heat: 19/29 Lane : 5 Athlete: BEGUE MILANN			Q-time: 00:32:76
PB (25m pool): 00:32.76 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:33.29 SB: no time			
	2 5 M	5 0 M	
PB		00:32.76	
	00:32.76		
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:23, starttime: 15:50
Heat: 23/29 Lane : 2 Athlete: VAN BALLAER VIKTOR			Q-time: 00:30:32
PB (25m pool): 00:30.32 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:32.19 SB: no time			
	2 5 M	5 0 M	
PB		00:30.32	
	00:30.32		
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:24, starttime: 15:50
Heat: 24/29 Lane : 3 Athlete: VANTHOURNOUT XANDER			Q-time: 00:29:96
PB (25m pool): 00:29.96 Herentals 17/05/2025 PB (50m pool): 00:31.99 SB: no time			
	2 5 M	5 0 M	
PB		00:29.96	
	00:29.96		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:24, starttime: 15:50
Heat: 24/29 Lane : 5 Athlete: ZRIRAK WAEL			Q-time: 00:30:06
PB (25m pool): 00:30.06 Nijlen 16/11/2025			PB (50m pool): 00:30.51 SB: 00:30.06 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:30.06	
		00:30.06	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:24, starttime: 15:50
Heat: 24/29 Lane : 6 Athlete: MICHOEL QUINTEN			Q-time: 00:30:16
PB (25m pool): 00:30.16 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:31.75 SB: 00:30.45 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:30.16	
		00:30.16	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:25, starttime: 15:50
Heat: 25/29 Lane : 3 Athlete: HUFKENS IBEN			Q-time: 00:29:69
PB (25m pool): 00:29.69 Antwerpen 12/10/2025			PB (50m pool): 00:30.32 SB: 00:29.69 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:29.69	
		00:29.69	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:28, starttime: 15:55
Heat: 28/29 Lane : 6 Athlete: HAESSENDONCKX JARNE			Q-time: 00:28:36
PB (25m pool): 00:28.36 Gent 09/11/2025			PB (50m pool): 00:29.76 SB: 00:28.36 Gent 09/11/2025
	2 5 M	5 0 M	
PB		00:28.36	
		00:28.36	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:29, starttime: 15:55
Heat: 29/29 Lane : 2 Athlete: VAN TILBURG MATTHIAS			Q-time: 00:27:26
PB (25m pool): 00:27.26 Gent 09/11/2025			PB (50m pool): 00:28.49 SB: 00:27.26 Gent 09/11/2025
	2 5 M	5 0 M	
PB		00:27.26	
		00:27.26	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 15:55
Heat: 1/30 Lane : 2 Athlete: DJONOU IMBA ITZANA			Q-time: 00:34:88
PB (25m pool): 00:34.88 Nijlen 16/11/2025			PB (50m pool): 00:34.58 SB: 00:34.88 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:34.88	
		00:34.88	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 15:55
Heat: 1/30 Lane : 5 Athlete: WOUTERS DORA			Q-time: 00:34:96
PB (25m pool): 00:34.96 Turnhout 02/03/2025			PB (50m pool): 00:34.48 SB: 00:35.15 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:34.96	
		00:34.96	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:55
Heat: 2/30 Lane : 1 Athlete: HUFKENS ELINA			Q-time: 00:34:61
PB (25m pool): 00:34.61 Nijlen 16/11/2025			PB (50m pool): 00:35.30 SB: 00:34.61 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:34.61	
		00:34.61	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:55
Heat: 2/30 Lane : 5 Athlete: WOUTERS MIT			Q-time: 00:34:31
PB (25m pool): 00:34.31 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:34.23 SB: 00:35.70 Antwerpen 12/10/2025			
	2 5 M	5 0 M	
PB		00:34.31	
		00:34.31	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:55
Heat: 2/30 Lane : 6 Athlete: VAN ASTEN RENÉE			Q-time: 00:34:62
PB (25m pool): 00:34.62 Nijlen 16/11/2025 PB (50m pool): 00:37.68 SB: 00:34.62 Nijlen 16/11/2025			
	2 5 M	5 0 M	
PB		00:34.62	
		00:34.62	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 16:00
Heat: 5/30 Lane : 2 Athlete: MOERKENS FIEN			Q-time: 00:33:02
PB (25m pool): 00:33.02 Herentals 17/05/2025 PB (50m pool): 00:32.71 SB: no time			
	2 5 M	5 0 M	
PB		00:33.02	
		00:33.02	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:00
Heat: 6/30 Lane : 1 Athlete: VALKENBORGHES YANNE			Q-time: 00:32:89
PB (25m pool): 00:32.89 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:33.25 SB: 00:33.38 Antwerpen 12/10/2025			
	2 5 M	5 0 M	
PB		00:32.89	
		00:32.89	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:00
Heat: 6/30 Lane : 4 Athlete: DE RIDDER ROXANE			Q-time: 00:32:78
PB (25m pool): 00:32.78 Antwerpen 12/10/2025			PB (50m pool): 00:35.58 SB: 00:32.78 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:32.78	
	00:32.78		
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:05
Heat: 8/30 Lane : 1 Athlete: BOECKX PAULIEN			Q-time: 00:32:44
PB (25m pool): 00:32.44 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:33.68 SB: 00:33.36 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:32.44	
	00:32.44		
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:05
Heat: 8/30 Lane : 4 Athlete: BOOGERS NOOR			Q-time: 00:32:33
PB (25m pool): 00:32.33 Turnhout 02/03/2025			PB (50m pool): 00:31.70 SB: 00:32.64 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:32.33	
	00:32.33		
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:12, starttime: 16:05
Heat: 12/30 Lane : 1 Athlete: LEYSEN IMKE			Q-time: 00:31:37
PB (25m pool): 00:31.37 Turnhout 02/03/2025			PB (50m pool): 00:31.82 SB: 00:33.61 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:31.37	
	00:31.37		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:12, starttime: 16:05
Heat: 12/30 Lane : 3 Athlete: BRAEKEN CHARLOTTE			Q-time: 00:31:24
PB (25m pool): 00:31.24 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:31.38 SB: no time			
	2 5 M	5 0 M	
PB		00:31.24	
		00:31.24	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:14, starttime: 16:10
Heat: 14/30 Lane : 5 Athlete: COOLS YELENA			Q-time: 00:30:97
PB (25m pool): 00:30.97 Nijlen 16/11/2025 PB (50m pool): 00:31.53 SB: 00:30.97 Nijlen 16/11/2025			
	2 5 M	5 0 M	
PB		00:30.97	
		00:30.97	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:17, starttime: 16:10
Heat: 17/30 Lane : 5 Athlete: VAN TILBURG FRAUKE			Q-time: 00:30:34
PB (25m pool): 00:30.34 Nijlen 16/11/2025 PB (50m pool): 00:29.86 SB: 00:30.34 Nijlen 16/11/2025			
	2 5 M	5 0 M	
PB		00:30.34	
		00:30.34	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:17, starttime: 16:10
Heat: 17/30 Lane : 6 Athlete: POELS NOMI			Q-time: 00:30:37
PB (25m pool): 00:30.37 Antwerpen 12/10/2025 PB (50m pool): 00:31.85 SB: 00:30.37 Antwerpen 12/10/2025			
	2 5 M	5 0 M	
PB		00:30.37	
		00:30.37	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:18, starttime: 16:10
Heat: 18/30 Lane : 1 Athlete: VANLOMMEL LUISA VALENTINA			Q-time: 00:30:15
PB (25m pool): 00:30.15 Sinbad 22/07/2025			PB (50m pool): 00:30.41 SB: 00:30.25 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:30.15	
		00:30.15	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:18, starttime: 16:10
Heat: 18/30 Lane : 4 Athlete: COESEMANS AMILIA			Q-time: 00:30:12
PB (25m pool): 00:30.12 Antwerpen 12/10/2025			PB (50m pool): 00:30.62 SB: 00:30.12 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:30.12	
		00:30.12	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:18, starttime: 16:10
Heat: 18/30 Lane : 5 Athlete: MAES JULIE			Q-time: 00:30:15
PB (25m pool): 00:30.15 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:30.84 SB: 00:30.36 Pelt 05/10/2025
	2 5 M	5 0 M	
PB		00:30.15	
		00:30.15	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:21, starttime: 16:15
Heat: 21/30 Lane : 3 Athlete: DILLEN NORAH			Q-time: 00:29:50
PB (25m pool): 00:29.31 Mol 15/10/2023			PB (50m pool): 00:29.71 SB: 00:30.26 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:29.31	
		00:29.31	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:22, starttime: 16:15
Heat: 22/30 Lane : 4 Athlete: BORGHS LORE			Q-time: 00:29:30
PB (25m pool): 00:29.30 Antwerpen 12/10/2025			PB (50m pool): 00:29.62 SB: 00:29.30 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:29.30	
		00:29.30	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:26, starttime: 16:20
Heat: 26/30 Lane : 3 Athlete: DRIES SIEN			Q-time: 00:28:32
PB (25m pool): 00:28.32 Turnhout 02/03/2025			PB (50m pool): 00:29.30 SB: no time
	2 5 M	5 0 M	
PB		00:28.32	
		00:28.32	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:28, starttime: 16:20
Heat: 28/30 Lane : 5 Athlete: NIJZIEL NOVA			Q-time: 00:27:64
PB (25m pool): 00:28.01 Stedelijk Zwembad Geel 11/02/2024			PB (50m pool): 00:29.05 SB: no time
	2 5 M	5 0 M	
PB		00:28.01	
		00:28.01	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:29, starttime: 16:20
Heat: 29/30 Lane : 1 Athlete: OOMS SARI			Q-time: 00:27:66
PB (25m pool): 00:27.66 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:28.19 SB: no time
	2 5 M	5 0 M	
PB		00:27.66	
		00:27.66	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZGEEL

Event number: 24: 50M FREESTYLE WOMEN 11+					Heat:29, starttime: 16:20	
Heat: 29/30 Lane : 2 Athlete: NIJZIEL FRÉDÉRIQUE					Q-time: 00:27:31	
PB (25m pool): 00:27.31 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:27.90 SB: no time						
	2 5 M		5 0 M			
PB			00:27.31			
	00:27.31					
						

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+					Heat:30, starttime: 16:20				
Heat: 30/30 Lane : 4 Athlete: LAGEY LISELOTTE					Q-time: 00:26:36				
PB (25m pool): 00:26.24 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 00:26.68 SB: no time									
	2 5 M		5 0 M						
PB			00:26.24						
			00:26.24						
									

Coach feedback:

Event number: 26: 100M MEDLEY WOMEN 9-10					Heat:2, starttime: 16:30
Heat: 2/3 Lane : 6 Athlete: TER HEERDT SKYE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback: